

28TH ANNUAL VALLEY CUP

Dear Soccer Friends,

On behalf of the Sacramento Valley Women's Soccer League, it is our pleasure to welcome you to the 28th Annual Valley Cup Women's Soccer Tournament!

Each year, I read my message from the previous year so I can lend perspective to the next tournament. The common thread from year to year is friendship first, competition second. We know there is the edge of competition in all of us, but this is your chance to relax with current friends, re-connect with old friends, and make new friends. In this struggling economy, friendship seems more important than ever, and what would friendship be without soccer of course!

We are hosting some new teams this year – welcome all of you to one of the best women's tournaments around. Well, this is what we're told! And for those returning teams, welcome back – we look forward to seeing you every year! Our committee works hard to bring you a tournament experience filled with excitement and friendly competition. And it is planned with you in mind, so we expect you to have a great time!


At the "o-dark-hundred" hour, we arrive to a sleeping complex, just barely waking as the sun crests the trees and shines brilliantly on the grass. And there are a few eager folks waiting in their cars – perhaps snoozing before check in. The complex starts to buzz with people, then the tweets of whistles throughout the complex signal the beginning of the challenge to see who will rise to the top of each division.

On behalf of our tournament committee and our league, we thank you for your support in coming to our tournament. The tournament fees are a fundraising opportunity for the Sacramento Valley Women's Soccer League; and a portion of tournament fees are paid to the Cherry Island Soccer Complex. We are truly proud of our complex – enjoy!

Remember to purchase your beverages, snacks, and burgers from the snack bar, which is once again hosted by the Team in Training volunteers for the Leukemia & Lymphoma Society. For returning teams, you know they cook a great burger! All snack bar proceeds benefit the Society and the programs and services that are developed for patients and their families.

So, lace up your soccer boots, embrace your competition, soak in those rays of sunshine, and enjoy your weekend with friends!

For the good of the game always,


Deldre Bryant, Tournament Chair



Cherry Island Soccer Complex

2009 TOURNAMENT COMMITTEE

Deidre Bryant, Chair
May Ballew
Terri Berbena U'Ren
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Helen Duncan
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Laurie Omand
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THE 2009 SALLY GAMES

Kickin for a Cure

We are pleased to announce the Ninth Annual
Soccer Against Leukemia & Lymphoma
Women's Soccer Tournament

A FUNDRAISER FOR THE LEUKEMIA AND LYMPHOMA SOCIETY
SATURDAY, OCTOBER 10, 2009 (ONE DAY ONLY)
CHERRY ISLAND SOCCER COMPLEX
SACRAMENTO, CALIFORNIA



All proceeds from this tournament will be donated to the
Leukemia & Lymphoma Society, a national voluntary health
agency whose mission is to cure leukemia, lymphoma,
Hodgkins' disease and myeloma, and to improve the quality
of life of patients and their families.

TOURNAMENT INFORMATION: Contact Pam Jones by
e-mail (pam@sallygames.org) to receive an
invitation to this year's tournament.
visit www.sallygames.org

DRIVING DIRECTIONS

Hilton Sacramento Arden West

2200 Harvard Street, Sacramento, CA 95815 • (916) 922-4700

You may want to get driving directions to the Hilton by typing the hotel's address into Yahoo maps or another Web-based driving directions program. However, the Hilton provided the attached directions, which are thorough. On the back side of the Hilton's directions is a list of restaurants and services.

From the Hilton to Cherry Island:

Allow at least 30 minutes of travel time from the Hilton to Cherry Island. Depending on traffic at any given time during the day, your travel time could be less or more.

Exit the Hilton parking area and turn left on Harvard Street; stay in the left lane. At the stop light, turn left on Arden Way; stay in the left lane. After you go under the freeway, turn left at the first stop light. This is the on ramp to the freeway. Once you've turned left on the on ramp, get into the right lane heading east toward Reno.

When you merge on the freeway, you'll need to move two lanes to the left to avoid "exit-only" lanes. You are now on the Business Loop of I-80, otherwise known as the Capitol City freeway.

You will pass several exits, approximately traveling 10 minutes, before approaching Watt Avenue. Take the second Watt Avenue exit. North. Proceed on Watt Avenue North for approximately 5 miles to U Street; turn left. Raley's grocery store is on the left corner of U Street/Antelope Road. Note, U Street and Antelope Road are the same street. Proceed on U Street to 28th Street. The entrance to Cherry Island is just ahead on your right off U Street.

Cherry Island Soccer Complex

28th and U Streets, Elverta (*Greater Sacramento area*)

Cherry Island Soccer Complex is located at the corner of 28th and U Streets in northwestern Sacramento County (not midtown or downtown Sacramento). Access is convenient from the major interstate highways.

Traveling westbound I-80:

Exit at Antelope Avenue, turn right and proceed west on Antelope Road approximately 5 miles to 28th Street. The entrance to Cherry Island is just ahead off U Street. Note that Antelope Road becomes U Street at Watt Avenue.

Traveling eastbound I-80:

Exit at Watt Avenue, turn left and proceed north on Watt Avenue approximately 5 miles to U Street; turn left. Raley's grocery store is on the left corner of U Street/Antelope Road. Note, U Street and Antelope Road are the same street. Proceed on U Street to 28th Street. The entrance to Cherry Island is just ahead on your right off U Street.

Traveling northbound I-5:

Proceed past downtown Sacramento and exit at eastbound I-80 (Not Business 80) and follow the directions above.

Traveling southbound I-5:

Proceed past Sacramento International Airport and exit at California Hwy 99 and 70, north. Take the first exit at Elkhorn Boulevard, turn right, and proceed east on Elkhorn approximately 7.5 miles to 28th Street. Turn left on 28th Street and proceed north about one mile to U Street. Turn left on U Street and the entrance to Cherry Island will be just ahead on your right.

LIST OF AREA HOSPITALS AND DRIVING DIRECTIONS

Kaiser Permanente Roseville Medical Center

1600 Eureka Road, Roseville
916-784-4000 (general number)

Travel time: approximately 20 minutes

Exit soccer complex and turn right onto 24th Street. At stop sign turn left onto U Street. At Watt Avenue, U Street turns into Antelope; keep going straight. After a couple of miles, you'll reach Interstate 80. Go East on I-80 toward Reno. Exit Douglas Boulevard, East (first of the two exits). Once you've exited onto Douglas Boulevard, merge to the left lane, but keep going straight. At Eureka Road turn left. Kaiser is on your right—follow the signs to Emergency.

Mercy San Juan Medical Center

6501 Coyle Avenue, Carmichael
916-537-5000 (general number)

Travel time: approximately 15 minutes

Exit soccer complex and turn right onto 24th Street. At stop sign turn left onto U Street. At Watt Avenue, U Street turns into Antelope; turn right on Watt Avenue. When you reach Elkhorn Boulevard, turn left. You'll travel several miles, crossing over Interstate 80, until you reach Dewey. Turn right on Dewey (Walgreens on far right corner). Stay on Dewey until you reach Coyle Avenue; turn right. Go a few blocks and the medical center is on your right—follow the signs to Emergency.

A Lasting Impression

specializing in custom embroidered and silkscreened apparel

Screen Printing, Embroidery, Team Sports,
& Promotional Products

Good luck to all of the teams and players!

Wendy Digiorno | (916) 802-8578 | www.al-lastingimpression.com

LIST OF AREA HOSPITALS AND DRIVING DIRECTIONS

VALLEY CUP TOURNAMENT HISTORY

Sutter General Hospital

2801 L Street, Sacramento

916-454-2222 (general number)

Travel time: approximately 25 minutes

Exit soccer complex and turn right onto 24th Street. At stop sign turn left onto U Street. At Watt Avenue, U Street turns into Antelope; turn right on Watt Avenue. Take Watt Avenue approximately 5 miles to the Capital City Freeway (also known as Business 80). The Capital City freeway is past Interstate 80 (don't take I-80). You'll take the first Capital City freeway, just past the Chevron station on your left. Once you're on the freeway, merge to the middle lane.

You'll go about two miles and the freeway splits; stay in the lane you were in. You'll pass the Cal Expo exit and cross the river. As you approach downtown, exit J Street and stay in the right lane. As you reach the light on the off ramp, you will see an Arco AM/PM straight ahead on your right. Proceed through the green light and stay in the right lane. The next light is K Street and 29th Street. The hospital is just ahead on your right—follow the signs to Emergency.

UC Davis Medical Center

2315 Stockton Boulevard, Sacramento

916-734-2011 (general number)

Travel time: approximately 25 minutes

Exit soccer complex and turn right onto 24th Street. At stop sign turn left onto U Street. At Watt Avenue, U Street turns into Antelope; turn right on Watt Avenue. Take Watt Avenue approximately 5 miles to the Capital City freeway (also known as Business 80). The Capital City freeway is past Interstate 80 (don't take I-80). You'll take the first Capital City freeway toward Sacramento, just past the Chevron station on your left. Once you're on the freeway, merge to the middle lane. You'll go about two miles and the freeway splits; stay in the lane you were in. You'll pass the Cal Expo exit and cross the river. As you pass through town and the "lettered" exits, look for I-80 West/US-50 Placerville exit. There are two lanes that "lettered" exits; stay in the left lane. Continue on the US-50 East toward Placerville exit—look for 34th Street, which forks to the left of the on ramp. Turn left on 34th Street. Turn right on T Street, and then right on Stockton Boulevard. UC Davis Medical Center is on your left—follow the signs to the Emergency.

- 1982..... 14 teams, 3 divisions. Held at
American River College
Group A – Titans
Group B – ?
Group C – Tempest
- 1983..... 25 teams, 3 divisions. Held at
American River College
Premier – Bobcats
Open – Goals
Over 30 – Kicks
- 1984..... 32 teams, 4 divisions. Held at
American River College
Premier – Stingers
Open A – DHL Rebels
Open B – Las Patas
Over 30 – Pacifica Hightides
- 1985..... 32 teams, 4 divisions. Held at
American River College
Premier – Bandits
Rec A – North Bay Spirits
Rec B – Fremont Classics
Over 30 – Killer Tomatoes
- 1986..... 38 teams, 5 divisions. Held at
American River College
and Kenneth Ave School
Premier – O'Sheas
Rec A – Arc Sparks
Rec B – Rovers
Over 30 A – Goal Diggers
Over 30 B – Pacifica Hightides
- 1987..... 30 teams, 4 divisions. Held at
Cherry Island Complex
Rec A – Sunnise Rock and Ready
Mix
- 1988..... 34 teams, 5 divisions. Held at
Cherry Island Complex
Rec A – Berkeley F.C.
Rec B – Las Latinas
Rec C – ?
Over 30 A – Goal Diggers
Over 30 B – Grasshoppers
- 1989..... 40 teams, 6 divisions. Held at
Cherry Island Complex
and American River College
Premier – 1 F.C. Mill Valley
Rec A – Ambush
Rec B – Turbos
Rec C – Flames
Over 30 A – Goal Diggers
Over 30 B – Grasshoppers
- 1990..... 41 teams, 7 divisions. Held at
Cherry Island Complex
Premier – Mill Valley S.C.
Rec A – Ambush
Rec B – Bearfooters
Rec C – Cleats and Cleavage
Over 30 A – Goal Diggers
Over 30 B – Pacifica Hightides
Over 30 C – Sunshine
- 1991..... 50 teams, 7 divisions. Held at
Cherry Island Complex
Gold – Mill Valley S.C.
Silver – Club LOL
Bronze I – San Andreas Fault
Bronze II – Track&Trail Hawks
Bronze III – Killer Tomatoes
Over 30A – Pacific Hightides
Over 30B – El Dorado Nuggets
- 1992..... 52 teams, 6 divisions. Held at
Cherry Island Complex
and American River College
Premier – Spirit of the Oaks
Rec A – SJ Strikers
Rec B – Flyers
Rec C – Footworks
Over 30A – Grasshoppers
Over 30B – Sidekicks
- 1993..... 54 teams, 6 divisions. Held at
Cherry Island Complex
Premier – Berkeley F.C.
Rec A – Killer Tomatoes
Rec B – Sting
Rec C – Free Spirit
Over 30A – Pacifica High Tides
Over 30B – Sidekicks
- 1994..... 54 teams, 6 divisions. Held at
Cherry Island Complex
Premier – Vikings
Rec A – Aftershock
Rec B – Flyers
Rec C – Hotspurs
Over 30A – New Image
Over 30B – Sierra Dr. Stingers
- 1995..... 48 teams, 6 divisions. Held at
River City High
Bryte Park, Summerfield Park
Rec A – Vikings
Rec B – Sting
Rec C – Grass Act
Over 30A – PBC
Over 30B – Grasshoppers
Over 30C – Classics

VALLEY CUP TOURNAMENT HISTORY

VALLEY CUP TOURNAMENT HISTORY

- 1996..... 62 teams, 6 divisions. Held at**
Cherry Island Complex
 Premier – Bonn Lair Rovers
 Rec A – Bearfooters
 Rec B – Generation Gap
 Rec C – Kenwood Wildthings
 Over 30A – Goal Diggers
 Over 30B – Grasshoppers
- 1997..... 52 teams, 6 divisions. Held at**
Cherry Island Complex
 Premier – Slamheads
 Rec A – Stockton United
 Rec B – RC Cyclones
 Rec C – Silver Bullets
 Over 30A – PBC
 Over 30B – Reno Renegades
- 1998..... 64 teams, 6 divisions. Held at**
Cherry Island Complex
 Premier – Spurs
 Rec A – Cherry Killer Tomatoes
 Rec B – Phoenix
 Rec C – Genesis
 Over 30A – PBC
 Over 30B – Goal Diggers
- 1999..... 62 teams, 7 divisions. Held at**
Cherry Island Complex
 Rec A – CA North United
 Rec B – Footloose
 Rec C Gold – Turbos
 Rec C Silver – 30 Something
 Over 30A – Sporting United
 Over 30B Gold – Free Spirit
 Over 30B Silver – San Mateo Breakers
- 2000..... 58 teams, 7 divisions. Held at**
Cherry Island Complex
 Rec B White – Blaze
 Rec B Blue – Spurs
 Rec C White – Roseville Bullets
 Rec C Blue – En Feugo
 Over 30A – Grasshoppers
 Over 30B – Renegades
 Over 30C – Sonoma
- 2001..... 60 teams, 7 divisions. Held at**
Cherry Island Complex
 Comp – The Crew
 Rec Mauve – Soccer Center for Excellence
 Rec Periwinkle – Fury
 Rec Granite – BOE
 Rec Yellow – Silver Bullets
 Over 30 Mauve – Very Old Girls
 Over 30 Periwinkle – Goalidiggers
- 2002..... 64 teams, 8 divisions. Held at**
Cherry Island Complex
 Comp – Chico Premiere
 Rec B – Fury
 Rec C1 – B.O.E.
 Rec C2 – Renegades
 Rec D – Turbos
 Over 30 B – Newark United Ladies
 Over 30 C – The Renegades
 Over 30 D – Killer Bees
- 2003..... 58 teams, 9 divisions. Held at**
Cherry Island Complex
 Rec A – UC Davis Women's Club Team
 Rec B – BOE
 Rec C1 – Renegade (Roseville)
 Rec C2 – Grasshoppers
 Rec D – Fear This
 Over 30 B1 – Not All Angels
 Over 30 B2 – Renegades
 Over 30 C – Modesto Madhess
 Over 40 – Salem Sting (Oregon)
- 2004..... 65 teams, 9 divisions. Held at**
Cherry Island Complex
 Comp – SV Ajax
 Rec B1 – Sierra Doctors Stinger
 Rec B2 – Renegade (Roseville)
 Rec C1 – Dysfunctional
 Rec C2 – Right Stuff
 Rec D – Turbos
 Over 30 B – Free Spirit
 Over 30 C – Extreme Heat
 Over 40 – Santa Rosa United
- 2005..... 52 teams, 9 divisions. Held at**
Cherry Island Complex
 Rec A – Santa Cruz Rays
 Rec B1 – Chivas
 Rec B2 – Humboldt Mischief
 Rec C1 – Snake Bites
 Rec C2 – Dysfunctional
 Rec D – Legends
 Over 30 B – Hodge Patas
 Over 30 C – Magic
 Over 40 – Nor Cal United
- 2006..... 60 teams, 9 divisions. Held at**
Cherry Island Complex
 Rec A – Bonnhair Rovers
 Rec B1 – Cleats & Cleavage
 Rec B2 – Sweet Spot
 Rec C1 – Bruisers
 Rec C2 – Turbos
 Rec D – Lady Sledgehammers
 Over 30 B – Atagi
 Over 30 C – Napa Sport
 Over 40 – Nor Cal United
- 2007..... 60 teams, 8 divisions. Held at**
Cherry Island Complex
 Rec A – Tigers
 Rec B1 – Cori's Crew
 Rec B2 – No Excuses
 Rec C1 – Silver Bullets
 Rec C2 – Atoomies
 Rec D – Lady Sledgehammers
 Over 30B – Sierra Strikers
 Over 40 – NC United
- 2008..... 46 teams, 7 divisions. Held at**
Cherry Island Soccer Complex
 Rec A/B – Muy Caliente
 Rec B2 – San Jose Shots
 Rec C1 – Lady Misfits
 Rec C2 – Grasshoppers
 Rec D – Revolution
 O30 – Sierra Strikers
 O40 – Goalidiggers



Hey ladies! It's beach,
shopping, and soccer time
again on the Mendocino Coast!

Your team is invited to the 19th annual
Mendocino Coast

ABALONE CUP

Women's Soccer Classic

Aug 28-29, 2009

Applications and information online at www.mendococoastsoccer.org

The **Abalone Cup** is a soccer tournament for adult and high school aged women. This is our 18th year, and there will be two parallel tournaments: (1) Open adult, Rec adult, and Over 30a,b,c and over 40 (Sat/Sun); and (2) a High School Jamboree (Fri/Sat Only).

The tournament is held in Fort Bragg, Ca., 3.5 hours travel from San Francisco, Oakland, or Sacramento. It's a great vacation get-away, as Fort Bragg is situated on the beautiful Mendocino Coast, walking distance to Glass Beach and many other popular beaches and vistas with beautiful /littewater views. Check the website (address above) for live cam views of the ocean. The weather in the coast is ideal for soccer—ranging from the high 60's to low 70's—never too hot.

Like shopping? This is a tourist destination with non-stop shopping next to the awesome surf. And all the motels and hotels are great—some have beach access--and most are very reasonably priced. The tournament coordinator will gladly recommend lodging if asked. The town is blessed with many excellent all-weather soccer fields in close proximity to each other and near all the hotels, rental homes, campgrounds and wonderful bed and breakfast inns.

GENERAL: Tournament applications are accepted on a first-come, first-served basis. The deadline for applications is July 1st. Acceptance/rejection notices are sent within two weeks of application receipt. Game schedules are mailed on or by August 15.

FEES: The entry fee for high school teams is \$350. The women's division is \$450, and checks payable to the "Abalone Cup" must accompany all applications. Online applications will be honored as long as payment is received within 14 days or July 1, whichever comes first. All rejected teams will receive a full refund. Any team withdrawing after official notification of acceptance will forfeit the entry fee if there is no team on the waiting list willing to take their place. Applications are sent to:

Tess Albin-Smith, 804 N. Harrison, Fort Bragg, CA 95437
(707) 961-1123 even., email tess@ucdavis-salumni.com

FORMAT: All adult women's teams will play a minimum of three games-- two on Saturday, one on Sunday. Championship and consolation games are played on Sunday. High school jamborees must follow CIF rules, which prohibit play on Sunday. Therefore HS teams will play 2-3 full games between Friday and Saturday, or Saturday only, depending on entries. There is no championship in jamboree, but the results may count for non-league standings.

WARDS: All participants will receive a tournament pins and programs, and discounts to the Skunk Railroad. Teams finishing in first place in the women's divisions will receive tournament championship T-shirts. In addition, teams finishing in 1st, 2nd, 3rd, and 4th place in the women's divisions will receive individual prizes for players and coaches.

2009 VALLEY CUP RULES

The tournament will be played under FIFA rules with the following changes:

1. All players must register one hour prior to their first game time. Unregistered players will be disqualified from playing the remainder of the game in which the infraction occurred.
2. Swapping and/or sharing wristbands is prohibited. Teams found swapping/sharing wristbands will forfeit the game in which the infraction occurred.
3. Players may register and play on one team only. For example, a player may not register and play on two or more teams regardless of divisions. There are no exceptions.
4. All games will be final and protests will not be accepted.
5. LENGTH OF GAMES: Saturday games will consist of two 25-minute halves with a 5-minute break between halves. A minimum of three games will be used to establish standings within each division. The 5-minutes break between halves may be lessened to keep the games on time.
6. POINT SYSTEM FOR TOURNAMENT: Standings in each group will be determined as follows: 3 points for a win, 1 point for a tie, no points for a loss, and one point for a shutout. Bonus points for goals scored: one point per goal up to three in a win, one point per goal up to two in a tie, and one point per goal up to two in a loss. The maximum number of points possible per game is: 7 points for a win (including a shutout point), 3 points for a tie, and 2 points for a loss. Points awarded for a forfeit will be five (score 1-0).
7. BREAKING TIES: In the event of a tie, the following method will be used to establish standings: a) head to head record, b) the team with least goals scored against, c) the team with most goals scored for up to four per game, and d) coin flip. For Sunday's elimination games, ties will be broken at the time of play using FIFA penalty kicks.
8. The use of the slide tackle will be allowed if and only if both teams agree to its use. Otherwise, slide tackling is prohibited and will be considered dangerous play. This rule applies to all players on the field, including the goalkeeper. Sliding is acceptable as long as there is no attempt tackle the player.
9. Charging the goalkeeper will not be permitted at any time when she is within her own penalty area. This rule applies regardless of whether the goalkeeper has or does not have possession of the ball. No bodily contact with the goalkeeper may be made if it can be avoided. Violation of this rule will be considered dangerous play.

2009 VALLEY CUP RULES

10. Knee braces made of hard, unyielding material are illegal unless the hinges and other hard surfaces are covered with at least 1/4 inch of closed-cell, slow-recovery rubber or other material of the same minimum thickness and having similar physical qualities. Casts and/or metal splints will always be considered dangerous equipment.
11. SUBSTITUTIONS: Once initial roster has been submitted, teams will be allowed a maximum of five player replacements (drop and add) or additions prior to the close of registration/check-in at 4:00 p.m. on Saturday, May 16, 2009. For convenience, these changes may be made via e-mail prior to registration/check-in. Changes to the roster will not be allowed on Sunday. Once a player has registered/checked-in/participated in a tournament match, that player may not be replaced on the roster. However, the Valley Cup Committee reserves the right to make exceptions in the case of injury.
12. EJECTIONS: a) If a player is ejected (red card) from the game, that player shall automatically be suspended from the next game of the player's team. Any player receiving two red cards during the tournament shall be suspended from any further play in the tournament. b) Violent conduct ejections will be brought to the attention of the tournament governing body and may result in suspension for the remainder of the tournament.
13. All games will start within two minutes of the scheduled time, which means the clock will start no later than two minutes following the scheduled game time. If a team has not taken the field with a minimum of seven (7) players within the grace period, the game will be forfeited to the team with at least seven (7) players present.
14. Good sportsmanship shall prevail at all times. Coaches/team managers are responsible for the conduct of their players and spectators.
15. A Sportsmanship Award will be given to one team in each division. The award will be based on points (1 -10) given to each team by the referees officiating each game. The points will reflect the sportsmanship and conduct of the team members, coaches and sideline spectators.
16. The team listed first on the schedule is the HOME TEAM. If there is a conflict in jersey colors, the HOME TEAM will change colors. All teams must come prepared with alternate jerseys with numbers. The game ball will be provided by the HOME TEAM.
17. Teams shall keep the field on which they play clean and free of garbage.
18. Initial application must include a MINIMUM of fourteen (14) – players in order to be confirmed in the tournament. UP TO FIVE CHANGES ONLY TO YOUR FINAL ROSTER WILL BE ALLOWED (refer to Rule 11).
19. The minimum player age is 18 years old by May 15, 2009. Only the Competitive Division allows for players as young as 16 (parent's signature on waiver is required – no exceptions); the 16-year-old player must be 16 by May 15, 2009 – no exceptions. Participation in the Over 30 Division requires that all players be at least 30 years old by December 31, 2009. Participation in the Over 40 Division requires that all players be at least 40 years old by December 31, 2009, with an exception. The exception being that in the Over 40 Division, two players may be between the ages of 35 and 40 years old. Participation in the Over 50 Division requires that all players be at least 50 years old by December 31, 2009, with an exception. The exception being that in the Over 50 Division, two players may be between the ages of 45 and 50 years old. Should any questions arise regarding a player's age, that player will be requested to provide proof of age (driver's license or player pass from league play). All players should bring these forms of identification with them.
20. Any situation not covered by these rules will be resolved by the governing body of the tournament.
21. Alcoholic beverages are prohibited at the tournament facility.
22. Dogs, on or off a leash, are not permitted at the tournament site during the tournament.

SPECIAL THANKS TO

Hilton Sacramento Arden West, our 2009 Valley Cup Host Hotel; Team in Training athletes (Leukemia & Lymphoma Society) for coordinating the tournament concessions; Chuck Pirone and Mike Kosell for the referee coordination and assignments; Alan Tupper and the CYSA District VI volunteers/contributors and the Hembree family for maintaining Cherry Island as a premier soccer complex; the SVWSL executive committee for their support and advice; and Tracy Brown for the logo design and layout of this year's program; and the tremendously fabulous volunteers whose long hours helped make this tournament a success!

CHERRY ISLAND SOCCER COMPLEX

GOAL KICK SPORT SHOP

The team at Goal Kick prides itself on making shopping easy and convenient. Our team consists of two locally known soccer aficionados, dedicated to the sport. No one is better qualified to help than our fully trained team of experts.

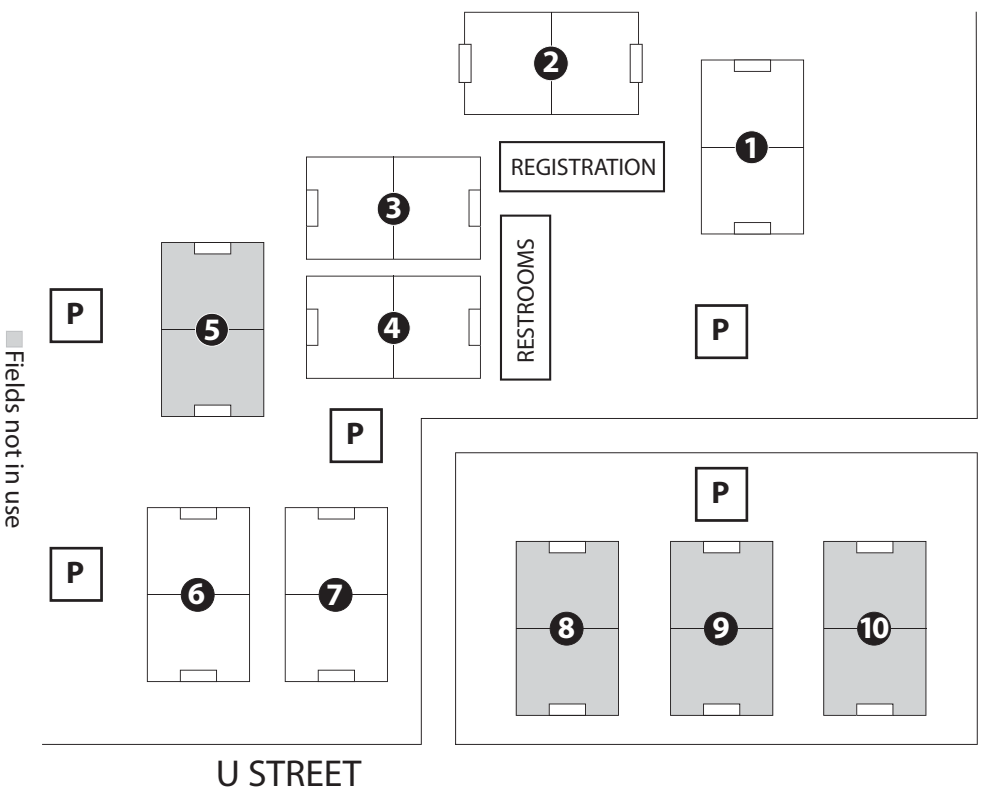
Our customer satisfaction is our utmost guarantee to providing you with the right equipment. Goal Kick carries such brands as Adidas, Nike, Diadora, Puma, and Canterbury.

Monday through Friday
10:00am to 6:00pm
Saturday
10:00am to 5:00pm

916.482.KICK (5425)

3519 Fair Oaks Boulevard
Sacramento, CA 95864

GoalKickSportShop@gmail.com



2009 VALLEY CUP TEAMS

Rec A	
1	Sacramento SVT
2	Kaos
3	Muy Caliente
4	River Plate
5	Cosmos
Rec B	
6	Barcelona
8	Extreme
9	No Excuses
10	Renegades
11	Right Stuff
12	Unreal FC

Rec C1	
13	Legends
14	Lady Misfits
15	Fusion
16	Motrin IV
17	On3
18	Sacramento Valley Combo
19	Rebels
7	Bruisers
Rec C2	
21	All Mixed Up
22	Mai Tai
23	Mishmash
24	Revolution
20	Shut Up & Play

Rec D	
25	Arsenal
26	Crossfire
27	Grasshoppers
28	Hurricanes
29	Killer Bees
30	Las Patas
31	Net Results
32	Team Zephyr

O30	
33	BBD
34	Caution!
35	California Krush
36	Las Damas
37	Let It Go
38	Killer Tomatoes
39	Sierra Strikers
43	Rockettes
O40	
40	DSW
41	Goaldiggers
42	Just for Fun
44	PBC
45	Soccer Moms United
46	Storm

SATURDAY SCHEDULE

Div	Rec B	Rec C1	Rec D	O-30	Rec O40/Rec A	Rec A/Rec C2
Time	Field #7	Field #3	Field #2	Field #4	Field #1	Field #6
7:30		13-v-14	25-v-26	33-v-34	40-v-41	21-v-22
8:30	6-v-8	17-v-18	29-v-30	37-v-38	44-v-45	24-v-20
9:30	10-v-11	15-v-16	27-v-28	35-v-36	1-v-2/Rec A	23-v-21
10:30	9-v-6	19-v-7	31-v-32	39-v-43	42-v-40	4-v-5/Rec A
11:30	12-v-10	15-v-13	27-v-25	35-v-33	46-v-44	22-v-23
12:30	8-v-9	19-v-17	28-v-26	36-v-34	3-v-1/Rec A	5-v-2/Rec A
1:30	11-v-12	16-v-14	31-v-29	39-v-37	41-v-42	23-v-24
2:30	9-v-10	7-v-18	32-v-30	43-v-38	45-v-46	2-v-3/Rec A
3:30	12-v-6	13-v-16	25-v-28	33-v-36	42-v-44	20-v-22
4:30	11-v-8	14-v-15	26-v-27	34-v-35	46-v-40	3-v-4/Rec A
5:30		18-v-19	29-v-32	38-v-39	45-v-41	21-v-24
6:30		17-v-7	30-v-31	37-v-43		1-v-4/Rec A

PLEASE CALL

Valley Cup Voice Mail after
 9:00 pm at 551-3991
 on Saturday Night
 for division standings
 and game times
 for Sunday.

*Keep in mind that the last game
 finishes at 7:30 pm on Saturday.
 Please be patient as we wrap-up
 Saturday's tournament play.
 We'll work as quickly as possible to post
 teams games—call after 9:00 pm*



kombatsoccer.com

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 pat@kombatsoccer.com • www.kombatsoccer.com

SUNDAY SCHEDULE

Time	Field #7	Field #3	Field #2	Field #4	Field #1	Field #6
7:30	6-v-10/Rec B	8-v-12/Rec B	9-v-11/Rec B	4th I -v- 1st II/Rec C1	23-v-20/Rec C2	24-v-22/Rec C2
8:40	1st I -v- 4th II/Rec C1	2nd I -v- 3rd II/Rec C1	3rd I -v- 2nd II/Rec C1	4th I -v- 1st II/O30	3 -v- 5/Rec A	4 -v- 2/Rec A
9:50	1st I -v- 4th II/O30	2nd I -v- 3rd II/O30	3rd I -v- 2nd II/O30	10-v-8/Rec B	40-v-44/Rec C2	46-v-41/Rec C2
11:00	1st I -v- 4th II/Rec D	2nd I -v- 3rd II/Rec D	3rd I -v- 2nd II/Rec D	4th I -v- 1st II/Rec D	42-v-45/Rec C2	20-v-21/Rec C2
12:10	11-v-6/Rec B	12-v-9/Rec B	Semi C1	Semi C1	44-v-41/Rec C2	5 -v- 1/Rec A
1:20	Semi O30	Semi O30	Semi Rec D	Semi Rec D	46-v-42/Rec C2	45-v-40/Rec C2
2:40		Final Rec B	Final Rec C1			Final Rec C2
3:50	Final O30		Final Rec D		Final O40	Final Rec A

REC A DIVISION

Cosmos (5)
Fabi Perez
(916) 613-2242

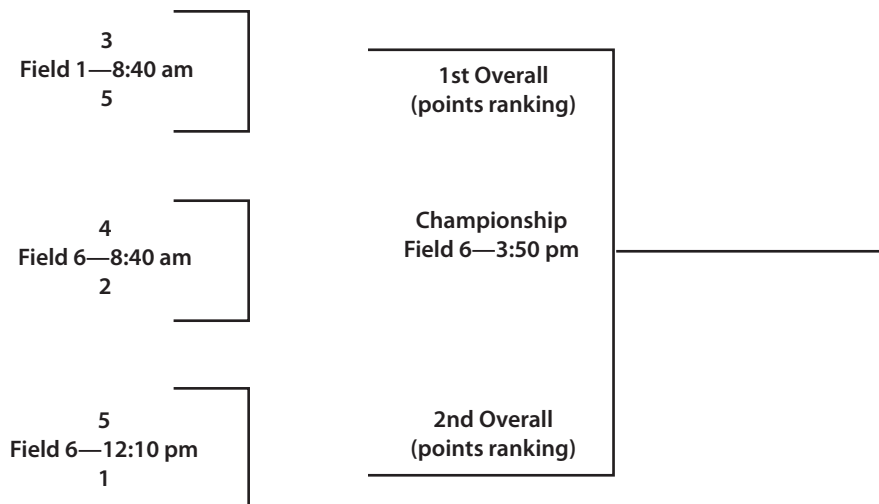
Kaos (2)
Zoey Hooper
(916) 722-2376
white/black/black

Muy Caliente (3)
Erin Spencer
(916) 786-4781

River Plate (4)
Martha Dominguez
(916) 427-6880
black/black/black

Sacramento SVT (1)
Genie Dizon
(909) 743-4601
blue/white/white

REC A DIVISION



REC B DIVISON

Barcelona (6)
 Dulce Arias
 (530) 304-1700
 black/black/black

Renegades (10)
 Nancy Flores/Holly Bigley
 (916) 807-8192
 maroon/black

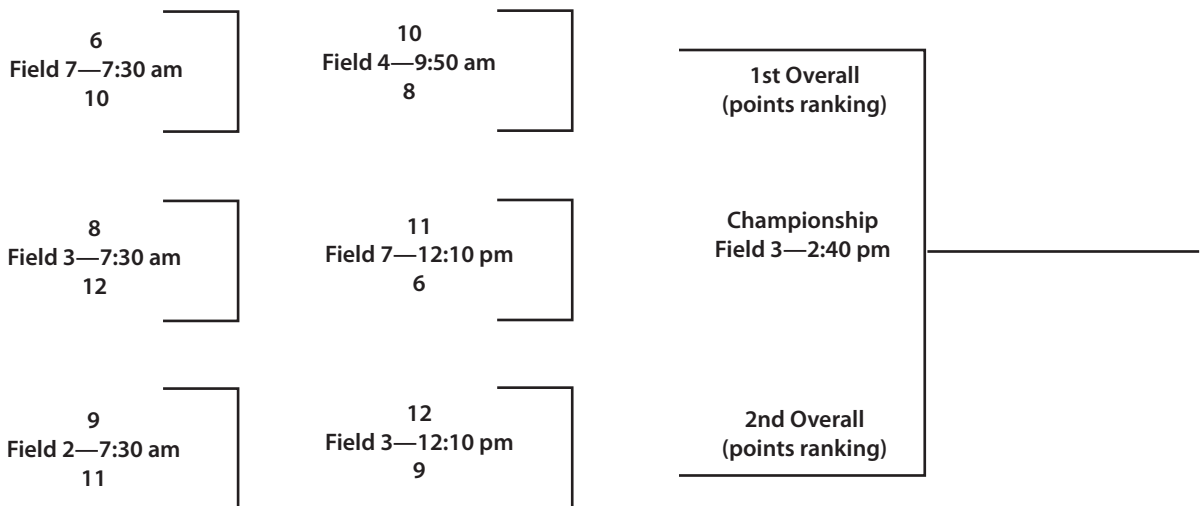
Extreme (8)
 Janiece Oebker
 (530) 268-1557
 Blue

Right Stuff (11)
 Kathryn Hogan
 (916) 454-3569
 light blue/black/black

No Excuses (9)
 LaDonna Ray
 (916) 599-5883
 purple/black/black

Unreal FC (12)
 Mabel Boisvert
 (530) 626-3818
 purple/white/white

REC B DIVISON



REC C1 DIVISION

Bruisers (7)
 Kristin Kralicek
 (503) 788-1427
 orange/black /black

Motrin IV (16)
 Karen Bustamante
 (408) 374-9631
 maroon/black/black

Fusion (15)
 Sandra Pacheco
 (408) 270-8757
 gray

On3 (17)
 Johanna Ruinard
 (916) 983-4707
 royal blue

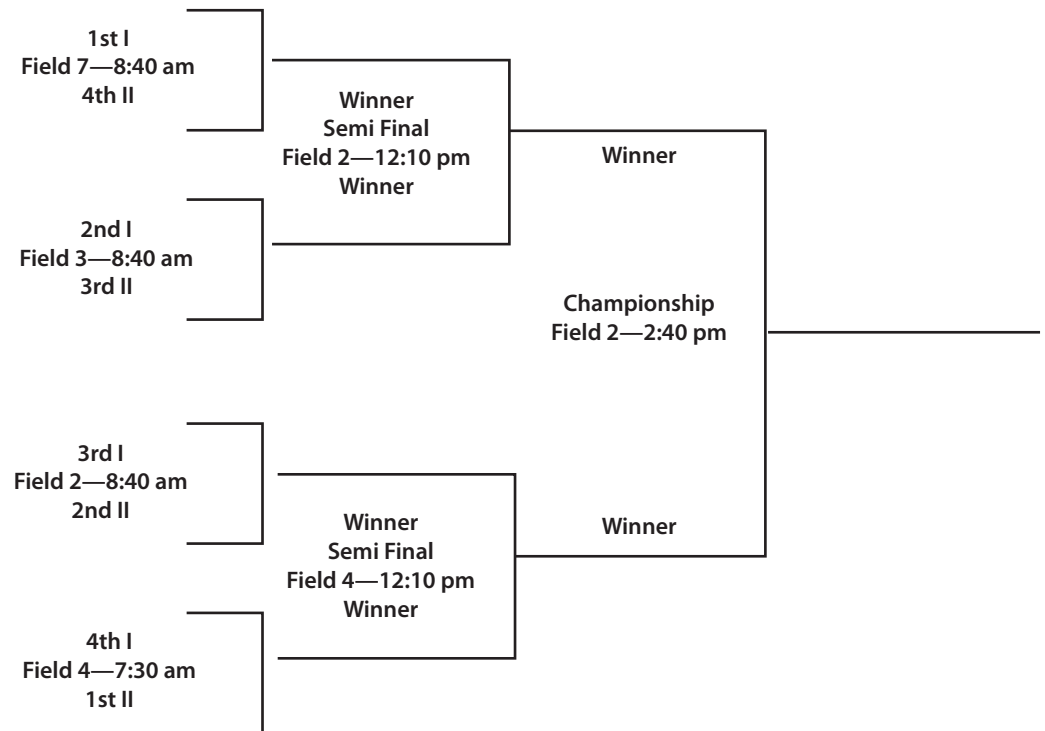
Lady Misfits (14)
 Michelle Lee
 (916) 606-2952
 gray/black/black

Rebels (19)
 Jami Cox-Sontag
 (707) 863-9117
 light blue/black/white

Legends (13)
 Renee Cochran
 (916) 421-1768
 blue/black/blue

Sacramento Valley Combo (18)
 Pam Linke
 (916) 434-6318
 black

REC C1 DIVISION



REC C2 DIVISION

All Mixed Up (21)
Suzie Mason
(916) 276-0680
white/black/white

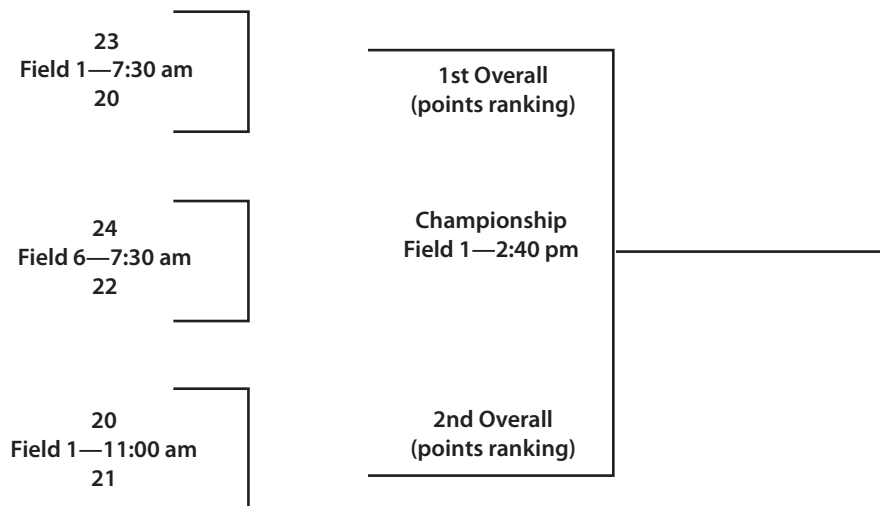
Mishmash (23)
Anne Tucker
(408) 248-2877
blue/black/black

Mai Tai (22)
Christine Fletcher
(916) 747-4479
orange/blue/blue

Revolution (24)
Maria Solis
(408) 238-1007
Navy

Shut Up & Play (20)
Kathleen Grommet
(916) 487-2483
light blue/black/black

REC C2 DIVISION



REC D DIVISION

Arsenal (25)
Alana Carter
(916) 372-1495
red/black/black

Killer Bees (29)
Denise Osier
(916) 923-3967
yellow/black/stripe

Crossfire (26)
Nancy Allardyce
(916) 765-6948
red/black/white

Las Patas (30)
Shannon Levine
(916) 774-6898
tie-dye/black/black

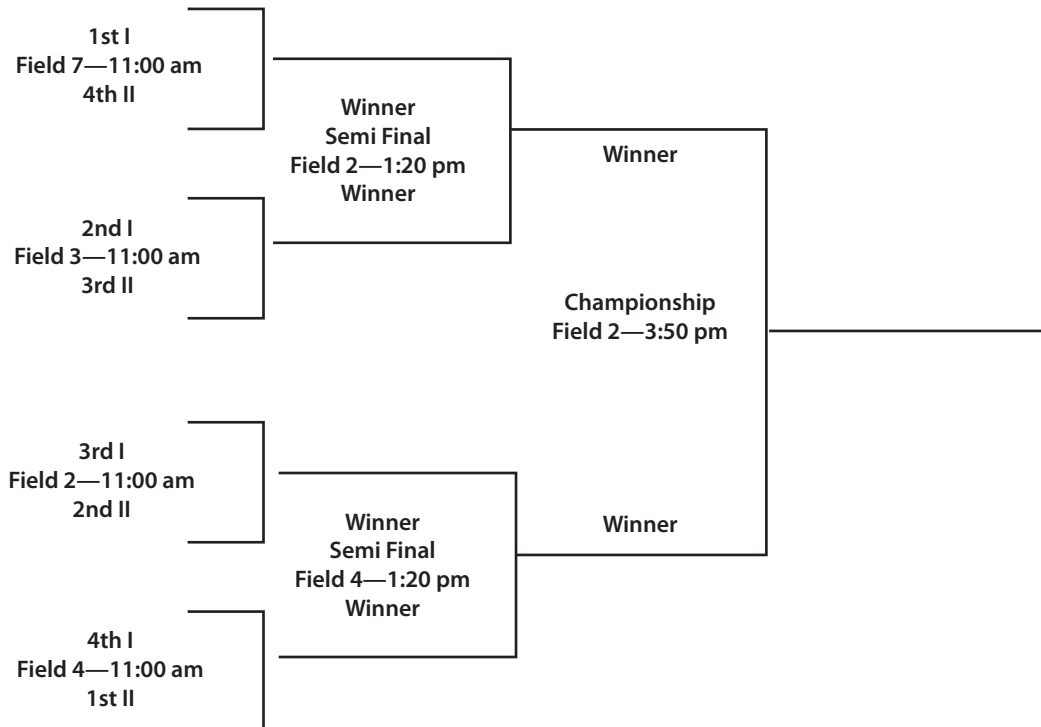
Grasshoppers (27)
Elsbeth Padia
(650) 593-4296
green/black/black

Net Results (31)
Linda Jordan
(408) 858-6331
white/black/black

Hurricanes (28)
Esther Gamberutti
(408) 410-6187
navy/navy/navy

Team Zephyr (32)
Roxanne Henry
(916) 487-7986
navy/black/black

REC D DIVISION



OVER 30 DIVISION

BBD (33)
 Kelly Smalling
 (916) 710-9983
 Red

Las Damas (36)
 Nancy Valle
 (916) 445-5834
 purple/black/black

California Krush (35)
 Susan Jensen
 (707) 539-1096
 red/black/black

Let It Go (37)
 Leann Horning
 (916) 965-8304
 green/black/black

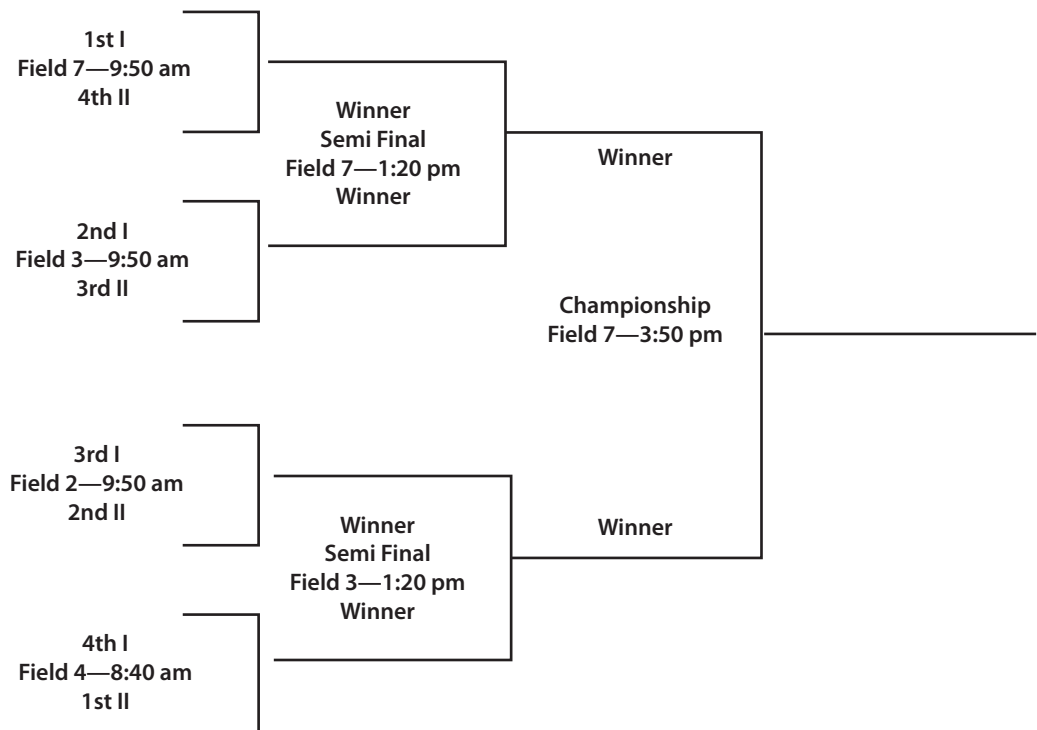
Caution! (34)
 Stephanie Lair
 (916) 334-0274
 yellow/black/black

Rockettes (43)
 Denise Palmer
 (707) 695-5212
 royal blue/black/blue

Killer Tomatoes (38)
 Deidre Bryant
 (916) 933-9298
 astro green/black/black

Sierra Strikers (39)
 Ona Merlo
 (775) 786-1517
 orange

OVER 30 DIVISION



OVER 40 DIVISION

DSW (40)
Missy Montes
(559) 292-0992
navy/navy/navy

PBC (44)
Jan Heinrichs
(916) 202-0996
green/black

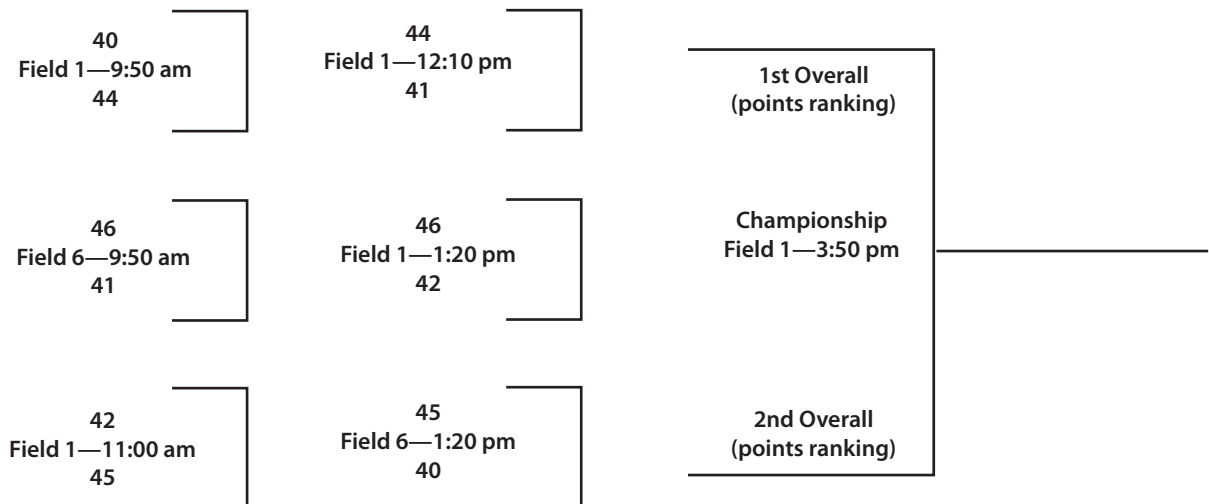
Goaldiggers (41)
Starla Turner
(650) 599-9471
white/blue/blue

Soccer Moms United (45)
Elke Rist
(530) 343-2526
Green

Just for Fun (42)
Kim Erickson
(916) 488-9878
red/black/black

Storm (Norcal) (46)
Elaine Oliver
(707) 527-9454
navy blue

OVER 40 DIVISION



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